

Support for Parents with Young Children - DRAFT

	Approach	Examples of proven or promising models	1:Many	1: Few	1:1	Target audience	Desired outcomes	Cost per family
<div>Prevention/Universal</div> <div>↑</div> <div>Intervention/Indicated</div> <div>↓</div>	Public Education	Talaris Parenting Counts, Born Learning, Child Profile	Public awareness campaigns, including media			All parents, caretakers, and stakeholders	Build awareness of child development, create demand for quality programming	Low Cost
	Professional Engagement	Reach Out and Read, Touchpoints, Raising a Reader		Programs that work with pediatricians, teachers, nurses, and other service/care providers		Professionals that work directly with children and families	Develop capacity of professionals to serve as trusted messengers for parenting and child development information	Low Cost
	Peer Support Programs	Mommy & Me, PEPS, Promotoras, Coop preschools, MELD, Parenting That Works		Facilitated meetings for peer groups of parents		New parents, mixed income. Possible to target to specific groups of parents (e.g. language groups, teens, parents with children with special needs, etc.)	Reduction of social isolation, increase of parenting knowledge	Low Cost
	Parenting Classes	Incredible Years, Baby College (Harlem Children's Zone), Effective Black Parenting		Professionally lead classes designed to increase parents' knowledge of child development and promote effective parenting skills		All parents, mixed income. Possible to target to specific groups of parents (e.g. language groups, teens, parents with children with special needs, etc.)	Reduction of child abuse/neglect, increase parenting knowledge, behavior change	Moderate cost
	Home Visiting (paraprofessionals)	HIPPY, Parents as Teachers, Raising a Reader, Healthy Start			Home based programs with trained paraprofessional staff working with parents and caregivers to increase parenting skills and knowledge	Targeted approach for families at risk for low-literacy skills, families with children with special needs, etc.	Reduction of child abuse/neglect, stronger parent/child attachments, increased literacy skills, behavior change	Moderate cost
	Home Visiting (professionals)	Nurse-Family Partnership, Healthy Families America			Home based programs with trained nurses working intensely, over the long-term with parents and caregivers to increase parenting skills and knowledge	Targeted approach for first time, low-income parents, or other high-risk parents.	Reduction of child abuse/neglect, stronger parent/child attachments, improved prenatal and infant health, improved parenting skills	Moderate cost
	Intensive Family Support	Circle of Security, Parent-Child Interaction Therapy, Nurturing Program, Houston Parent-Child Development Center,			Intensive interventions for families that are in crisis, have histories of child abuse/neglect, struggling with substance abuse, or mental health issues	Families with demonstrated need for multi - component crisis services.	Family reunification, parenting skills, medical interventions, reduction of child abuse/neglect	High cost